



#### **WELCOMING NEW PATIENTS**

# Bethany Swope, MS Ed, LMFT

Mind-Body Counselor



Locations



Phone: (574) 364-2888

#### **Goshen Center for Cancer Care**

200 High Park Ave, Goshen, IN 46526 (Directions)

# About

#### **BIOGRAPHY**

Bethany Swope, MS Ed, LMFT, is a licensed therapist who provides mind-body counseling support to patients and their family members during cancer treatment. As part of the Integrative Care Team at Goshen Center for Cancer Care, Bethany works in collaboration with other counselors, naturopathic care providers and dietitians to provide support programs for patients, their family members and caregivers.

#### PHILOSOPHY OF CARE

As a mind-body counselor, Bethany focuses on the whole person, recognizing that a person's emotional, mental, social and spiritual well-being can impact his or her overall health. She is committed to helping patients and their family members to learn strategies to minimize stress, cope in healthy ways, and improve the quality of their lives.

## **Education**

### **Education and training:**

Master of Science in Education, Couple and Family Indiana University-Purdue University, Fort Wayne, IN

Bachelor of Arts, English Education Goshen College, Goshen, IN

# Clinical Interest & Research

- · Mind-body counseling
- · Emotional support
- · Managing depression and anxiety
- · Quality of life
- · Holistic cancer care
- · Adult and child support
- · Stress management

