



SPOTLIGHT

Help for headache is here



WORKING TOGETHER FOR IMPROVED QUALITY OF LIFE.

Neurology services we offer

Outpatient EEGs

Consultative/new patient evaluations

Chronic neurologic disease management

Electrodiagnostic studies (EMG/NCV)

BOTOX® and trigger point injections

Neurological infusion care

MRIs

Neurology

Dr. Jody Neer

Medical Director,
Neurologist

Jessica Glassman

Nurse Practitioner

Leah Miller

Nurse Practitioner

Dr. Patrick Russell

Neurologist

To refer a patient to the NeuroCare Center, call (574) 537-0219 or fax a referral form to (574) 534-0435.

One of the most common problems people experience is also one of the most unmentioned, undiagnosed and untreated issues: it's headache. Research shows that the vast majority of headache sufferers don't mention their pain during routine physician visits. According to the Migraine Research Foundation, more than half of all migraine sufferers are never diagnosed. Those who suffer from headaches often live with the pain simply because they always have, unaware of available treatments that can provide significant relief and improved quality of life.

Headaches are generally divided into two categories:

1. Primary headache disorders, which are migraine, tension headache, cluster headache and new persistent daily headache.
2. Secondary headache disorders, which are due to some other cause, such as a concussion, brain aneurysm, car accident or meningitis.

At the NeuroCare Center, we work closely with patients to diagnose the type of headache they are experiencing and how it's affecting their life. Then, we design a treatment plan specifically for their situation. One of the most common primary headache disorders in which we've made a lot of gains in treatment options in the past few years is chronic migraine.

Treating chronic migraine

Chronic migraine is defined as a headache disorder for which people have more than 15 days a month of headache and at least half of those days are migraine days. For a number of years, BOTOX® (onabotulinumtoxinA) has been the treatment of choice for chronic migraine. BOTOX® was first discovered for use in neurologic conditions, such as post stroke, spasticity in the muscle of the arm or leg, cervical dystonia, blepharospasm, headaches and other conditions. Once the FDA approved it for treatment in chronic migraine a few years ago, it opened the door for more insurance companies to cover it.

BOTOX® is given every three months to the muscles across the forehead, the temples, the back of the head and down the neck. There are 31 injection points in the total protocol. The results are life-changing in most cases. Patients who have suffered with headaches every day and migraines several days a week experience significantly fewer headaches or none at all during the three months between injections.





NeuroCare Center

GOSHEN PHYSICIANS

2832 Elkhart Road
Goshen, IN 46526

Help for headache is here

New treatment for preventing migraines

Not everyone who suffers from migraine headaches is diagnosed with chronic migraine. Instead of 15 headaches a month, they may have two a week throughout the month. Those eight days, however, often mean missing out on significant work and family time. While BOTOX® may still be an option, these patients could also be prime candidates for a new class of FDA-approved medications designed to prevent migraines. Aimovig (erenumab-aooe), a monoclonal antibody, is the first medication of its kind to reach the marketplace. This once-a-month injectable medicine works by targeting and blocking the calcitonin gene-related peptide receptor (CGRP-R), which is the proposed mechanism of the pain of the migraine. So, if that receptor is blocked, the potential to have a migraine headache is greatly diminished. In clinical trials, six-month studies showed people with four to 14 migraine days per month experienced three to four fewer monthly migraine days on average while taking Aimovig. Chronic migraine sufferers were studied over a three-month period and, on average, had six to seven fewer migraine days during the month. In some cases, people taking Aimovig saw their monthly migraine days decrease by 50 percent or more.¹ Since its release, two other CGRP blocking agents have been released. AJOVY™ (fremanezumab-vfrm) and Emgality™ (galcanezumab-gnlm).

Urgent response headache care

In addition to offering these effective migraine treatment drugs, the NeuroCare Center also provides in-office headache care. Our infusion center is staffed each day with a dedicated infusion nurse who is able to respond quickly to a patient who has had a migraine for several days and may otherwise have gone to the emergency room or taken narcotic drugs for pain. In our office, the patient can receive medications to fight the pain. They can also get IV fluids if they are nauseous and dehydrated, as well as nausea medicine if needed. In addition, we have a private area within the infusion center for patients who require a quiet, dark space to recover. With an array of resources and continual care, we are committed to each patient throughout the process in order to see them through their immediate headache and help them find longer term relief.



Jody M. Neer, MD, is a board certified neurologist who has been with Goshen Health since 2002. He worked tirelessly to help bring the NeuroCare Center into existence, to better serve the needs of our community. Dr. Neer focuses on treating nervous system disorders, with a special interest in patients who have had strokes or other conditions that affect movement, such as multiple sclerosis, Parkinson's disease and epilepsy. Dr. Neer has participated in more than 30 clinical trials as well as presenting lectures for stroke and multiple sclerosis support groups. Additionally, he is a faculty member at Indiana University participating in the medical student clerkship rotations.

Jody M. Neer, MD, Medical Director, Neurologist

¹ Aimovig™ prescribing information, Amgen.

TO REFER A PATIENT

To refer a patient, fax a referral form to (574) 534-0435. A referral form can be downloaded at https://goshenphysicians.org/specialty_services/goshen_neurocare_clinic/downloads/consult.pdf

Call for an appointment at (574) 537-0219.

If you would like more information or to meet any of our doctors, please contact **Jenny Rupp, Physician Liaison**, at jrupp2@goshenhealth.com or (574) 364-2978.

NeuroCare Center Goshen Physicians | 2832 Elkhart Rd. | Goshen, IN 46526 | (574) 537-0219