

NUTRITION THERAPY DIETITIAN REFERRAL



Goshen Hospital

Patient Name _____

Date _____

Date of Birth _____ Social Security # _____

Ordering Physician Signature _____

Address _____

Ordering Physician _____

City _____ State _____ Zip _____

Primary Care Physician _____

Primary Insurance _____

Send Copy To _____

Primary Policy # _____ Group# _____

Fax Results To _____

Secondary Insurance _____

Diagnosis #1 _____ ICD-10 Code _____

Secondary Policy # _____ Group# _____

Diagnosis #2 _____ ICD-10 Code _____

Diet prescription, please check one

- RD to determine
- Physician diet prescription _____

Number of visits requested, please check one

- RD to determine
- Number of visits requested 4 3 2 1

Fax referral to (574) 364-2410. Fax appropriate lab results to (574) 364-2965. To schedule an appointment, call Patient Access at (574) 364-2400.

*If patient is in need of translator for the appointment please make Patient Access aware when scheduling an appointment.

ICD-10 DIABETES

- E10 Type 1 diabetes mellitus
- E10.1 Type 1 diabetes mellitus w/ ketoacidosis
- E10.2 Type 1 diabetes mellitus w/ kidney complications
- E10.3 Type 1 diabetes mellitus w/ ophthalmic complications
- E10.4 Type 1 diabetes mellitus w/ neurological complications
- E10.5 Type 1 diabetes mellitus w/ circulatory complications
- E10.6 Type 1 diabetes mellitus w/ other specified complications
- E10.64 Type 1 diabetes mellitus w/ hypoglycemia
- E10.65 Type 1 diabetes mellitus w/ hyperglycemia
- E10.8 Type 1 diabetes mellitus w/ unspecified complications
- E10.9 Type 1 diabetes mellitus without complications
- E11 Type 2 diabetes mellitus
- E11.0 Type 2 diabetes mellitus w/ hyperosmolarity
- E11.2 Type 2 diabetes mellitus w/ kidney complications
- E11.2 Type 2 diabetes mellitus w/ ophthalmic complications
- E11.4 Type 2 diabetes mellitus w/ neurological complications
- E11.5 Type 2 diabetes mellitus w/ circulatory complications
- E11.6 Type 2 diabetes mellitus w/ other specified complications
- E11.64 Type 2 diabetes mellitus w/ hypoglycemia
- E11.65 Type 2 diabetes mellitus w/ hyperglycemia
- E11.8 Type 2 diabetes mellitus w/ unspecified complications
- E.11.9 Type 2 diabetes mellitus without complications

ICD-10 ADULT MALNUTRITION

- E43 Unspecified severe protein-calorie malnutrition
- E44.0 Moderate protein-calorie malnutrition
- E44.1 Mild protein-calorie malnutrition
- E45 Retarded development following protein-calorie malnutrition
- E46 Unspecified protein-calorie malnutrition
- E64.0 Sequelae of protein-calorie malnutrition

ICD-10 WEIGHT MANAGEMENT

- E66.0 Obese due to excess calories
- E66.01 Morbid (severe) obesity due to excess calories
- E66.1 Drug induced obesity
- E66.2 Extreme obesity w/ alveolar hypoventilation (Pickwickian Syndrome)
- E66.3 Overweight
- E66.8 Other obesity
- E66.9 Obesity, unspecified- obesity NOS
- R62.51 Failure to thrive, child
- R63.4 Abnormal weight loss
- R63.5 Abnormal weight gain – not during pregnancy
- R63.6 Underweight
- Z68.1 BMI 19 or less, adult
- Z68.51 BMI, pediatric, less than 5th percentile for age

ICD-10 ENDOCRINE, NUTRITIONAL AND METABOLIC DISEASES

- E03.9 Hypothyroidism, unspecified
- E16.1 Other hypoglycemia
- E16.2 Hypoglycemia, unspecified
- E28.2 Polycystic ovarian syndrome
- E73.0 Congenital lactase deficiency
- E73.1 Secondary lactase deficiency
- E73.8 Other lactose intolerance
- E73.9 Lactose intolerance, unspecified
- E78.0 Pure hypercholesterolemia
- E78.1 Pure hypertriglyceridemia
- E78.2 Mixed hyperlipidemia
- E78.3 Hyperchylomicronemia
- E78.4 Other hyperlipidemia
- E78.5 Hyperlipidemia, unspecified
- E78.8 Other disorders of lipoprotein metabolism
- E78.9 Disorder of lipoprotein metabolism, unspecified
- E88.81 Metabolic syndrome

Diagnosis continued on the back

ICD-10 MENTAL, BEHAVIORAL, NEURODEVELOPMENTAL DISORDERS

F50.0 Anorexia nervosa, unspecified
 F50.01 Anorexia nervosa, restricting type
 F50.02 Anorexia nervosa, binge eating/purging type
 F50.2 Bulimia nervosa
 F50.8 Other eating disorder
 F50.9 Eating disorder, unspecified

ICD-10 DISEASES OF THE CIRCULATORY SYSTEM

I10 Essential (primary) hypertension
 I11.0 Hypertensive heart disease w/ (congestive) heart failure
 I11.9 Hypertensive heart disease without (congestive) heart failure
 I12 Hypertensive chronic kidney disease
 I25 Chronic ischemic heart disease
 I50 Heart failure

ICD-10 DISEASES OF THE DIGESTIVE SYSTEM

K21.0 Gastroesophageal reflux disease w/ esophagitis
 K21.9 Gastroesophageal reflux disease without esophagitis
 K25 Gastric ulcer
 K27 Peptic ulcer, site unspecified
 K29.2 Alcoholic gastritis
 K29.5 Unspecified chronic gastritis
 K29.7 Gastritis, unspecified
 K50.0 Crohn's disease of small intestine
 K50.1 Crohn's disease of large intestine
 K50.8 Crohn's disease of both small & large intestine
 K50.9 Crohn's disease, unspecified
 K51 Ulcerative colitis
 K57.1 Diverticulosis of small intestine without perforation or abscess
 K57.3 Diverticulosis of large intestine without perforation or abscess
 K58 Irritable bowel syndrome
 K59 Constipation
 K59.1 Functional diarrhea
 K70.3 Alcoholic cirrhosis of liver
 K86.0 Alcohol-induced chronic pancreatitis
 K86.1 Other chronic pancreatitis
 K90.0 Celiac disease
 K52.2 Allergic and dietetic gastroenteritis and colitis

ICD-10 ENDOCRINE, NUTRITIONAL AND METABOLIC DISEASES

M1A.3 Chronic gout due to renal impairment
 M1A.9 Chronic gout, unspecified
 M10.3 Gout due to renal impairment
 M10.4 Other secondary gout
 M10.9 Gout, unspecified

ICD-10 DISEASES OF THE MUSCULOSKELETAL SYSTEM

M81.0 Age-related osteoporosis without current pathological fx
 M81.8 Other osteoporosis without current pathological fracture

ICD-10 KIDNEY DISEASE

N18.5 Chronic kidney disease, stage 5
 N18.4 Chronic kidney disease, stage 4
 N18.3 Chronic kidney disease, stage 3
 N18.2 Chronic kidney disease, stage 2
 N18.1 Chronic kidney disease, stage 1

ICD-10 DISEASE OF THE GENITOURINARY SYSTEM

N20.0 Calculus of kidney

ICD-10 PREGNANCY

O21.0 Mild hyperemesis gravidarum
 O21.1 Hyperemesis gravidarum w/ metabolic disturbance
 O21.2 Late vomiting of pregnancy
 O24.01 Pre-existing diabetes mellitus, type 1, in pregnancy
 O24.11 Pre-existing diabetes mellitus, type 2, in pregnancy
 O24.410 Gestational diabetes mellitus, diet-controlled
 O24.414 Gestational diabetes mellitus, insulin-controlled
 O26.00 Excessive weight gain in pregnancy,unspecified trimester
 O26.10 Low weight gain in pregnancy, unspecified trimester
 O99210 Obesity complicating pregnancy, unspecified trimester

ICD-10 SYMPTOMS/SIGNS, ABNORMAL CLINICAL/LAB FINDINGS

R73.01 Impaired fasting glucose
 R73.02 Impaired glucose tolerance test (oral)
 R73.09 Other abnormal fasting glucose (pre-diabetes)

ICD-10 DISEASE OF THE BLOOD

D50.8 Other iron deficiency anemias (due to inadequate iron intake)
 D50.9 Iron deficiency anemia, unspecified
 D51.3 Other dietary vitamin B12 deficiency anemia (vegan anemia)
 D52.0 Dietary folate anemia
 D53.0 Protein deficiency anemia
 D53.9 Nutrition anemia, unspecified (simple chronic anemia)
 D64.9 Anemia, unspecified

ICD-10 FOOD ALLERGIES

Z91.010 Peanuts
 Z91.011 Milk products
 Z91.012 Eggs
 Z91.013 Seafood
 Z91.018 Specified NEC
 T78.1 Food (any) (ingested) NEC

ICD-10 NO SPECIFIC DIAGNOSIS

Z71.3 Dietary counseling and surveillance



Goshen Hospital

Nutrition Therapy

Monday - Friday, 8:00 a.m. to 5:00 p.m.

200 High Park Ave., Goshen, IN 46526

p (574) 364-2679 f (574) 364-2965

NutritionTherapyRDN's@GoshenHealth.com